Schoolcraft College Foundation COVID-19 presentation, 2/24/21: Links to further information

(in the order given in the Chat window)

CDC COVID-19 Data Tracker: https://covid.cdc.gov/covid-data-tracker/#datatracker-home

COVID Tracking Project US Trends: https://covidtracking.com/data/charts/us-all-key-metrics (Note: this site will cease daily updates on March 7. It was created by volunteers who feel they can now refer people to public health authorities providing the same information.)

U-M study on the aftereffects of COVID-19: https://labblog.uofmhealth.org/rounds/life-after-covid-19-hospitalization-major-lasting-effects-on-health-work-and-more

U-M COVID-19 Biorepository, used by scientists: https://labblog.uofmhealth.org/lab-report/cold-gold-for-covid-19-scientists

U-M study on the unequal impact of COVID-19 across the country:

https://labblog.uofmhealth.org/industry-dx/county-by-county-study-shows-social-inequality-covid-19s-toll

Interactive Michigan map showing total COVID-19 cases and deaths:

https://www.michigan.gov/coronavirus (scroll down)

Breaking news about the Johnson & Johnson vaccine:

https://www.cnn.com/2021/02/24/health/johnson-vaccine-fda-analysis/index.html

Michigan COVID-19 data (MI Safe Start Dashboard): https://www.mistartmap.info/ (click New Cases and pick a timeframe using the 1m, 3m, 6m or All buttons, or the draggable gray handle at the bottom of the graph, to see trends in COVID-19 cases per million people over time. This can demonstrate the impact of the Pause to Save Lives announced Nov. 15)

Wayne County Communities' COVID-19 case rates:

https://um-somerslab.shinyapps.io/dashboard/

This dashboard was created by Dr. Somers and her students based on data from the county health department. Select any community, or multiple communities, and pick your date range to see the COVID-19 trends weighted for population to give an 'apples to apples' comparison between communities of different sizes. Data go back to March 2020, and the horizontal lines represent the state's letter-based risk levels.

Find COVID-19 testing in Michigan: https://www.michigan.gov/coronavirus/0,9753,7-406-99891 99912---,00.html

MI COVID Alert app: https://www.michigan.gov/coronavirus/0,9753,7-406-99891 102592---,00.html (When downloaded and activated, it will let you know if you've recently been near someone who later tested positive for COVID-19, if they also had the app installed and active.)

Michigan's COVID-19 Vaccine site: https://www.michigan.gov/coronavirus/0,9753,7-406-98178 103214---,00.html

CDC's COVID-19 Symptoms page: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

CDC's updated guidance on masks: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html

Michigan's mask graphic and information on getting free masks:

https://www.michigan.gov/coronavirus/0,9753,7-406-100997 100998---,00.html

CDC's knotting/tucking guidance video for mask straps:

https://www.youtube.com/watch?v=UANi8Cc71A0&feature=youtu.be

The "Swiss cheese model" of COVID-19 prevention: https://virologydownunder.com/the-swiss-cheese-infographic-that-went-viral/

Download "Swiss cheese model" graphics in English and other languages:

https://figshare.com/articles/figure/The Swiss Cheese Respiratory Virus Defence/13082618

The story of Claire Carr, a U-M COVID-19 patient who started out young and healthy: https://healthblog.uofmhealth.org/health-management/yoga-teacher-practicing-again-after-covid-19-triggered-cardiac-arrest

FDA COVID-19 vaccines information: https://www.fda.gov/emergency-preparedness-and-response/coronavirus-disease-2019-covid-19/covid-19-vaccines

U-M's explainer article on what exactly happens in your body once you get vaccinated: https://healthblog.uofmhealth.org/wellness-prevention/what-happens-after-you-get-covid-19-vaccine

U-M's explainer article on COVID-19 vaccine claims, myths and rumors:

https://healthblog.uofmhealth.org/wellness-prevention/not-sure-about-covid-19-vaccine-get-facts-then-decide

COVID-19 Vaccine Scam Consumer Alert from Michigan's Attorney General:

https://www.michigan.gov/ag/0,4534,7-359-81903 20942-546758--,00.html

United Way's 211 phone system - https://www.211.org/get-help/help-during-covid-19-pandemic Note: By dialing 211 from any phone in Michigan, people can get more information on COVID-19 assistance including vaccination.

U-M explainer about how to be a savvy "news consumer" and sharer:

https://healthblog.uofmhealth.org/wellness-prevention/4-ways-to-be-a-savvy-news-consumer-a-pandemic

Detroit Area Vaccine Hunters:

Form to fill out to get help finding a vaccine: https://docs.google.com/forms/d/e/1FAlpQLSdA-K2t03U1ou4fQGWPa9IPrmSshh7pPrzP5SywU0MbEz4M8g/viewform

Facebook group for people who want to share updates about vaccine availability or volunteer to help others find vaccine: https://www.facebook.com/groups/225542865902649